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MNS University of Agriculture, Multan

NEWS BULLETIN

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Regenerative Agriculture and
Vermicomposting for Farmers

Educational Visit by Bloomfield
School Students to MNSUAM

MoU Signed with Government
Sadiq College Women University
for Academic Collaboration

UNESCO Chair at MNSUAM
Leads Field Tour to Lal Sohanra
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01

April 1, 2026

Training on Plant Breeders' Rights

The Institute of Plant Breeding and Biotechnology at Muhammad Nawaz Shareef University of Agriculture Multan organized a hands-on training session on Plant Breeders' Rights Application Procedures on April 1, 2026. Around 100 participants from universities, research institutes, and the private sector across Pakistan attended, with several joining online. Resource persons Mr. Muhammad Owais and Dr. Muhammad Shafiq provided comprehensive guidance on variety protection procedures and application requirements. Vice Chancellor Prof. Dr. Asif Ali (T.I.) emphasized the critical importance of protecting plant varieties developed through years of scientific research. He proposed the establishment of a Seed Academy at MNSUAM to institutionalize plant variety protection and seed development efforts. He also called for stronger collaboration between the university and the Federal Seed Certification and Registration Department. Participants engaged in interactive Q&A sessions covering documentation, eligibility, and intellectual property rights related to plant varieties. Representatives from institutions including NARC, BZU, Ghazi University, and Khawaja Fareed University actively participated in discussions. Dean Prof. Dr. Hammad Nadeem Tahir emphasized the role of public-private partnerships in driving agricultural innovation and seed industry development. The training aimed to empower researchers and breeders in protecting their innovations and contributing to a more organized national seed sector.

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02

April 2, 2026

Inspiring Lecture on Faith, Character, and Success by Saeed Anwar

Former Pakistani cricketer Mr. Saeed Anwar delivered a special motivational lecture at Muhammad Nawaz Shareef University of Agriculture Multan on achieving success through faith and strong moral character. Addressing students and faculty, he encouraged youth to build their character alongside academic qualifications and adopt Islamic values in daily life. He emphasized that true peace and fulfillment come through remembrance of Allah and adherence to the teachings of the Quran and Sunnah. He highlighted the Last Prophet Muhammad (PBUH) as the greatest teacher of humanity and a perfect role model for all generations. Mr. Saeed Anwar shared from personal experience how his spiritual transformation brought greater purpose and clarity than his achievements in international cricket. He described faith not as a limitation but as a source of strength, resilience, and direction for young people navigating modern challenges. Faculty members praised the lecture as a rare and valuable addition to the academic environment, addressing students' spiritual and moral development. The Vice Chancellor, Prof. Dr. Asif Ali (T.I.) and senior faculty thanked Saeed Anwar for sharing his journey and wisdom with the university community. The lecture is expected to serve as a long-lasting source of guidance and spiritual motivation for the students of MNSUAM.



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03

April 5, 2026

Workshop on Regenerative Agriculture and Sustainable Practices

Muhammad Nawaz Shareef University of Agriculture Multan, in collaboration with the Cantonment Board, organized a practical workshop on regenerative agriculture on April 5, 2026. Cantonment Board employees and civil society members participated in the session focused on sustainable land use and green practices. Key topics included compost preparation, soil health improvement, biodiversity promotion, and household vegetable growing techniques. Agricultural scientists Dr. Tanveer Ahmed and Dr. Muqarrab Ali provided detailed hands-on demonstrations throughout the workshop. Participants were guided on creating organic compost from household materials as a natural alternative to chemical fertilizers. Practical approaches for managing green spaces within the Cantonment, including rooftop greening, were also demonstrated. The session highlighted that regenerative practices are both environmentally beneficial and economically sound for households and institutions. Vegetable seedlings were distributed among all participants at the end of the workshop to encourage immediate application of skills learned. Mr. Asif Hayat, In-charge of the Cantonment Board, along with other officials, expressed strong appreciation for the university's community outreach efforts. The workshop reflects MNSUAM's commitment to extending its academic expertise beyond the campus for sustainable community development.



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04

April 7, 2026

Awareness Walk on World Health Day Promotes Healthy Living

MNSUAM organized a vibrant awareness walk on World Health Day under the Public Health Society on April 7, 2026. The walk began at the Academic Block and concluded at the Admin Block, with active participation from students, faculty, and university officials. Dr. Adnan Sabir, Convener of the Public Health Society, spoke on World Health Day's significance and the need for health awareness in society. He emphasized the importance of raising awareness about both physical and mental health among university students and the broader community. Prof. Dr. Junaid Ali Khan, Dean Faculty of Veterinary and Animal Sciences, highlighted the growing burden of metabolic diseases among youth. He advised students to maintain a balanced diet, engage in regular physical activity, and undergo timely medical checkups. The event provided students a platform to reflect on personal health choices and their role in promoting wellness around them. Faculty members praised the Public Health Society for combining health education with active community participation in a single meaningful event.

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April 9, 2026

Consultative Workshop on Agri-Business Partnership Held in Lahore

A high-level Consultative Workshop on Private Sector Research Partnership was held at Avari Hotel Lahore on April 9, 2026. The event was co-organized by Muhammad Nawaz Shareef University of Agriculture Multan, University of Agriculture Faisalabad, and the Australian Centre for International Agricultural Research. The Vice Chancellor, Prof. Dr. Asif Ali (T.I.) acknowledged ACIAR's contributions and called for stronger research and private sector linkages in agriculture. The Vice Chancellor UAF, Prof. Dr. Zulfiqar Ali, stressed the need for joint strategies to enhance farmers' income and ensure long-term agricultural sustainability. Dr. Munawar Kazmi, Country Manager ACIAR, explained the Agri-Business Reference Group's role in connecting companies, farmers, and service providers. The workshop was endorsed by Vice Chancellors from Lahore College for Women University and Sindh Agriculture University, reflecting national significance. Representatives from seed companies, financial institutions, exporters, and farmers actively participated and shared field-level insights. Distinguished academics including Prof. Dr. Irfan Ahmad Baig, Dr. Burhan Ahmed, Dr. Amjad Iqbal, and Dr. Qamar Shakeel also contributed. The forum focused on accelerating innovation, improving input access, and strengthening market linkages for smallholder farmers across Pakistan. Participants committed to reconvening regularly and translating workshop outcomes into concrete partnerships and policy recommendations.



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06

April 9, 2026

Educational Visit by Bloomfield School Students to MNSUAM

The Department of Outreach and Continuing Education at MNSUAM hosted Pre-O Level students from Bloomfield School System Multan on April 9, 2026. The visit was designed to introduce young learners to modern agricultural practices and the academic environment of a higher education institution. Students toured various departments and interacted with faculty members across multiple academic disciplines. A visit to the hydroponic unit gave students a first-hand look at soil-free crop cultivation using nutrient-rich water solutions. The bio-floc facility visit introduced students to innovative aquaculture techniques being developed and practiced at the university. Multiple laboratory visits allowed students to see scientific research processes in action, making abstract concepts tangible and exciting. Faculty members noted the remarkable curiosity and enthusiasm of the young visitors throughout all sessions of the visit. The visit served as an early career awareness experience, helping students begin to envision pathways in science and agriculture. MNSUAM regularly organizes such school visits as a core component of its community engagement and knowledge-sharing mission. The university remains committed to inspiring the next generation of scientists by nurturing a culture of inquiry from an early age.

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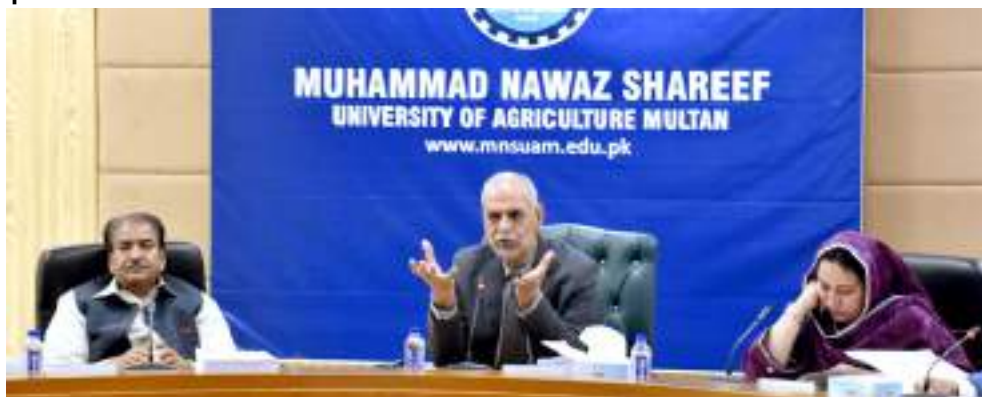
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07

April 11, 2026

47th Syndicate Meeting of MNSUAM Approves New Programs and Policies

Muhammad Nawaz Shareef University of Agriculture, Multan held its 47th Syndicate meeting on April 11, 2026, chaired by Vice Chancellor Prof. Dr. Asif Ali (T.I.). Registrar Somia Ambreen conducted proceedings as Secretary, ensuring smooth and structured management of the agenda. Distinguished attendees included Justice Muhammad Tariq Nadeem of the Lahore High Court and representatives from HEC, provincial assembly, and academia. Administrative representatives from the Agriculture and Finance Departments of Punjab participated online, ensuring broad institutional representation. Minutes of the 46th Syndicate meeting were approved and progress on implementation of previous decisions was formally reviewed. Collaborative agreements with external organizations were deliberated and approved, paving the way for new academic and research partnerships. Leave extensions for faculty members pursuing PhDs under faculty development programs were also approved, supporting staff professional growth. Recommendations from the 15th Academic Council were endorsed, including the formal launch of new degree programs at the university. Implementation of the HEC General and Publication Policy 2024 was approved, aligning MNSUAM's research practices with national standards. The meeting reflected the strong governance and strategic vision that has characterized MNSUAM's institutional progress under its current leadership.

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08

April 13, 2026

Regional Agriculture Forum Reviews Development at Cotton Research Station Rajanpur

Vice Chancellor Prof. Dr. Asif Ali (T.I.) joined the Regional Agriculture Forum South Punjab for a field visit to Cotton Research Station Rajanpur on April 13, 2026. The visit aimed to assess ongoing development work and address key challenges facing cotton research in the region. Irrigation challenges were discussed in detail, with two practical solutions proposed for immediate evaluation and action. The first solution involved securing canal water from a nearby watercourse through coordination with the Irrigation Department. The second focused on solar-powered tube well installation, with the Cotton Research Institute tasked to assess feasibility and funding. A joint team from MNSUAM and CRI was formed to identify infrastructure bottlenecks and ensure timely completion of construction work. It was reported that 150 university-provided plants have been successfully planted, with plans for 1,000 additional trees in the coming season. Progressive farmer Mirza Sultan generously offered date palm plants for the station's residential areas, demonstrating strong community support. It was decided that 25 acres of cotton would be cultivated this season, with any resource gaps managed from the Director CRI's budget. The visit underscored MNSUAM's active commitment to agricultural research, infrastructure development, and sustainable farming in South Punjab.

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09

April 14, 2026

Graduate Program Review 2025-26 Recognizes MNSUAM's Academic Excellence

MNSUAM underwent a formal Graduate Program Review 2025-26 on April 14, 2026, conducted by an experienced external review team. The team comprised Prof. (Retd.) Dr. Muhammad Jafar Jiskani, Prof. Dr. Umar Farooq, and Dr. Ammar M. M. Matloob, Director QEC. The team held a comprehensive meeting with all department heads and focal persons to review ongoing graduate program dossiers. Findings were presented to the Vice Chancellor in a transparent and constructive manner, highlighting both strengths and areas for improvement. Interactive sessions with postgraduate students yielded highly positive and encouraging feedback about the quality of academic support and mentorship. The Central Laboratory System was visited, where MS and PhD scholars were seen actively engaged in their research work. The Directorate of Graduate Studies and the Controller of Examinations offices were also reviewed for record quality and academic compliance. The team praised Vice Chancellor Prof. Dr. Asif Ali's leadership for driving remarkable progress in education and research in a short time. MNSUAM was acknowledged as one of the leading universities in South Punjab and a nationally recognized center of agricultural excellence. The team emphasized that such reviews are vital for maintaining academic standards and ensuring continuous improvement in higher education.



April 15, 2026

21st Scientific Writing Training organized at MNSUAM

The Directorate of Graduate Studies launched the 21st batch of its Scientific Writing Certificate Training program on April 15, 2026, enrolling 35 postgraduate students. The intensive seven-day program equips participants with essential skills in research paper writing, scientific communication, and publication. Vice Chancellor Prof. Dr. Asif Ali (T.I.) emphasized that the ability to ask precise, meaningful questions is the foundational skill of every successful scientist. He noted that in the era of artificial intelligence, students must develop critical thinking and not limit themselves to passive information consumption. The Vice Chancellor also stressed that even groundbreaking research loses its global impact if it cannot be communicated clearly and effectively. Training covers all key components of a research paper, including problem identification, literature review, methodology, results, and discussion. Additional modules address scientific language principles, referencing techniques, research ethics, and the manuscript submission process. Participants will also receive guidance on publishing in international peer-reviewed journals throughout the seven-day program. The ceremony was attended by Director Graduate Studies Dr. Rao Ikram, Chairman DOCE Dr. Usman Jamshaid, Focal Person Scientific Writing Certificate Dr. Usman Ali, and Trainer Ms. Aimen Batool. This initiative reflects MNSUAM's commitment to building a strong research culture and producing globally competitive academic communicators.



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11

April 16, 2026

Innovative Juice Making Competition Showcases Student Creativity

MNSUAM organized an Innovative Juice Making Competition on April 16, 2026, under the Department of Home Sciences and the Business Incubation Center. The event aimed to promote creativity, nutritional awareness, and practical food science skills among students in a competitive setting. Students presented a diverse range of fresh fruit juices, vegetable-based drinks, and functional beverages enriched with health-promoting ingredients. The creativity, presentation quality, and nutritional thoughtfulness of the entries drew admiration from faculty and the judging panel. Mr. Muhammad Mudassar, Head of Beverages at Al-Hilal Industries, served as chief guest and judge, providing industry-level professional evaluation. His detailed feedback on product quality, flavour profiles, and market viability offered participants rare and actionable industry guidance. Vice Chancellor Prof. Dr. Asif Ali (T.I.) visited the event personally, praised student initiative, and emphasized the value of practical academic activities. The competition also served as an entrepreneurship exercise, encouraging students to think about branding, consumer preferences, and low-cost production. Teamwork, communication, and coordination skills were visibly strengthened as groups collaborated to design, prepare, and present their products. Outstanding performers were recognized and awarded at the close of the event, making it a motivating and impactful academic activity.

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12

April 17, 2026

Training Workshop on Regenerative Agriculture and Vermicomposting for Farmers

MNSUAM, in collaboration with the Farmer Development Organization, organized a training workshop on regenerative agriculture on April 17, 2026. Farmers from Bahawalpur and Dera Ghazi Khan participated in a day of practical learning focused on sustainable and low-cost farming methods. Vice Chancellor Prof. Dr. Asif Ali (T.I.) attended as chief guest and outlined the core principles and practical approaches of regenerative farming. He highlighted that adopting regenerative practices can reduce per acre production costs by up to Rs. 40,000, a compelling economic incentive. Prof. Dr. Irfan Ahmad Baig enriched the session by sharing national and international experiences in sustainable farming and agricultural transition. Dr. Muqarrab Ali led hands-on vermicomposting training, demonstrating how earthworms convert waste into high-quality organic fertilizer. Farmers actively participated in demonstrations and expressed strong interest in applying the techniques directly on their own farms. Representatives from APTMA, FDO, and agricultural institutions were present, adding institutional credibility to the event. MNSUAM and FDO committed to continuing such farmer-centric training programs regularly to support sustainable livelihoods across South Punjab. The workshop exemplifies MNSUAM's mission to translate cutting-edge agricultural research into direct, tangible benefits for farming communities.


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April 19, 2026

Educational Visit to Pesticide Quality Control Laboratory, Multan

Students from Sections A and C of BSc (Hons) Agriculture, 4th semester, visited the Pesticide Quality Control Laboratory, Multan on April 19, 2026. The visit was supervised by Dr. Umair Riaz and Dr. Ayta Umar from the Department of Soil and Environmental Sciences at MNSUAM. Students received thorough briefings on pesticide categories including herbicides, insecticides, and fungicides and their chemical properties. They were introduced to the critical concept of Maximum Residue Limits (MRLs) and their role in consumer safety and export compliance. Mr. Muhammad Aslam, Senior Scientist at the laboratory, presented the lab's operational mandate and its role in enforcing pesticide quality standards. Ms. Ayesha, Scientific Officer, explained the laboratory's quality assurance systems and ISO/IEC 17025 accreditation in detail. Students gained first-hand understanding of how regulatory labs function as the frontline defense against substandard pesticide products. Interaction with professionals allowed students to connect academic knowledge with real-world regulatory and scientific applications directly. Faculty supervisors noted that such visits are indispensable for experiential learning that cannot be replicated in a classroom setting. The visit is expected to significantly enhance students' understanding of pesticide regulation as a key pillar of sustainable agricultural production.



April 20, 2026

Bosheran Delegation Visits MNSUAM to Advance Cotton Mechanization

A senior delegation from Bosheran Company Pvt. Ltd., led by Mr. Zhu, visited MNSUAM on April 20, 2026, to present cotton mechanization technology. The presentation was delivered to the Cotton Technical Working Group assembled at the university for a focused technical session. Mr. Zhu explained that double-row mechanical cotton pickers are the most practical solution for Pakistan's current planting systems. He noted that larger four-row machines require costly structural field changes, making double-row technology a lower-barrier entry point for farmers. Representatives of the Green Pakistan Initiative confirmed that procurement with Bosheran is in its final stages and near market availability. Vice Chancellor Prof. Dr. Asif Ali (T.I.) stressed that mechanization is a strategic necessity given the persistent and worsening labor shortage. He announced plans to identify field clusters and pilot zones for mechanical harvesting in collaboration with public and private sector partners. The visit marked a significant step in strengthening public-private partnerships for modernizing Pakistan's cotton harvesting practices. Both sides expressed strong commitment to advancing the mechanization agenda and exploring further collaborative opportunities. This milestone event marks a meaningful stride toward a more productive and technologically advanced cotton sector in Pakistan.



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15

April 22, 2026

International Mother Earth Day Celebrated with Enthusiasm at MNSUAM

MNSUAM celebrated International Mother Earth Day 2026 on April 22 under the theme 'Our Power, Our Planet' with a full day of activities. The event was jointly organized by the Department of Soil and Environmental Science and the Department of Outreach and Continuing Education. Activities included an awareness seminar, poster and model competitions, a mini marathon, a cleanliness drive, and a plantation campaign. Free plant distribution in the local community extended the event's impact well beyond the university campus. Vice Chancellor Prof. Dr. Asif Ali (T.I.) called on students to use their knowledge and technology to protect natural resources and build a sustainable future. Experts Dr. Saima Nasreen, Mr. Tahir Abbas, and Dr. Nadeem shared insights on environmental protection and the power of individual actions. The poster and model competitions challenged students to present innovative solutions to pressing environmental problems. Senior faculty including Dean Prof. Dr. Hammad Nadeem Tahir and Dean Prof. Dr. Irfan Ahmad Baig praised the enthusiastic participation of students. The celebration highlighted the university's dedication to fostering sustainability awareness and inspiring collective environmental action. MNSUAM's Mother Earth Day event stands as a model for how academic institutions can lead by example on environmental responsibility.


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16

April 23, 2026

GRC Session Guides PhD Scholars on IRSIP Batch-59 Application

The Directorate of Graduate Studies organized a Graduate Research Council session on IRSIP Batch-59 at MNSUAM on April 23, 2026. The session aimed to guide PhD scholars through the application process and benefits of the HEC International Research Support Initiative Program. Dr. Shoaib ur Rehman delivered a step-by-step briefing on eligibility requirements, documentation, and key tips for a competitive application. Ph.D. Scholar Fatima Javeria shared her personal IRSIP experience, providing fellow scholars with candid insights into international research placement. Her contribution offered a real-world perspective on how IRSIP can transform a researcher's academic trajectory and global professional network. Director Graduate Studies Dr. Rao Ikram outlined the rules, regulations, and obligations associated with the program for all candidates. He strongly encouraged eligible Ph.D. scholars to apply, emphasizing the growing importance of international exposure in doctoral research. The session included lively interaction with scholars raising questions about eligibility, host institution selection, and evaluation criteria. Printed guidelines and reference materials were distributed to all attendees to assist them in preparing strong and complete applications. The session reflects MNSUAM's proactive approach to ensuring doctoral scholars are well-prepared for competitive national funding opportunities.



April 23, 2026

MoU Signed with Government Sadiq College Women University for Academic Collaboration

MNSUAM and Government Sadiq College Women University Bahawalpur signed a Memorandum of Understanding on April 23, 2026. The MoU establishes a formal framework for collaboration in research, innovation, academic exchange, and capacity building. It outlines joint research projects, faculty and student exchange programs, seminars, workshops, and shared training initiatives. Both institutions committed to sharing knowledge, expertise, and research infrastructure to raise the quality of higher education. A key focus is fostering innovation in science, agriculture, food technology, and education for community and national benefit. The agreement also supports the professional development of faculty and broadens students' academic and experiential learning opportunities. Prof. Dr. Mubashir Mehdi, Director ORIC, and Dr. Shamas Murtaza, Manager Industrial Linkages, represented MNSUAM at the signing. Leadership of both universities expressed enthusiasm about the collaboration and pledged timely implementation of MoU provisions. The partnership is particularly significant given both institutions' shared commitment to women's education and empowerment in the region. This MoU represents a meaningful step toward a stronger and more connected higher education ecosystem in South Punjab.



April 24, 2026

Inter-University Literary Competition "Sahar Intisab 2" Celebrates National Youth Talent

MNSUAM hosted the inter-university literary and academic competition 'Sahar Intisab 2' on April 24, 2026. Over 80 speakers from universities across all provinces and regions of Pakistan participated, reflecting the nation's full cultural diversity. The competition featured multiple literary and academic categories in Urdu and regional languages, showcasing breadth of creative talent. Vice Chancellor Prof. Dr. Asif Ali (T.I.) praised participants' intellectual caliber and described such platforms as institutions of character building. He articulated that competitions like Sahar Intisab shape the minds of young leaders who will guide Pakistan into the future. The Vice Chancellor Prof. Dr. Shazia Nooreen of Sadiq Women University, being the guest of honor, praised student performances and the event's academic value. She highlighted that such competitions are vital for enhancing the creative and intellectual potential of the country's youth. The event was organized under the Debating Club, convened by Dr. Umar Akram, whose efforts in national outreach were widely commended. Sahar Intisab 2 fostered national unity, healthy competition, and mutual appreciation among students from diverse backgrounds. The event's resounding success has already generated enthusiasm for the next edition, expected to attract even greater national participation.



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19

April 25, 2026

UNESCO Chair at MNSUAM Leads Field Tour to Lal Sohanra Biosphere Reserve

The UNESCO Chair on Low Carbon and Sustainable Agriculture in Biosphere Reserve at MNS University of Agriculture, Multan (MNSUAM), successfully organized a one-day field tour to Lal Sohanra National Park, Bahawalpur, as part of UNESCO's international Youth Storytelling Initiative: Capture the Future competition. Students explored the park's diverse ecological zones — spanning desert, dry forest, and wetland ecosystems — and received expert briefings on seed ball technology, water management through the Lal Sohanra Headworks, and wildlife conservation practices. A hands-on capacity-building workshop on composting and low-carbon agriculture was also conducted by Dr. Muqarrab Ali, benefiting 20 local small-scale farmers from the surrounding biosphere area. Students further engaged with the indigenous communities of the Cholistan desert, capturing the region's ecology and cultural heritage for their UNESCO storytelling submissions. The initiative was commended by park's Chief Security Officer, Mr. Sarfaraz Hashim Dogar, who praised MNSUAM's efforts in supporting farmer livelihoods and advancing conservation awareness. This tour reflects MNSUAM's active role in translating global sustainability goals into impactful, community-centered educational experiences.

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April 26, 2026

Seminar on Environmental Awareness and Tree Importance Held at MNSUAM

MNSUAM organized an environmental awareness seminar on April 26, 2026, under the Plant for Life Society and Green Youth Movement Club. The seminar addressed climate change, deforestation, and soil conservation, aiming to build a culture of environmental responsibility among students. A team from the Environmental Protection Department participated and shared insights on current conservation practices and provincial policies. Deputy Director Dr. Tahir Abbas linked deforestation trends to rising temperatures and declining soil quality, urging student-led action. Mr. Afzal Haider and Dr. Arsalan delivered an appreciated presentation on biofuel plants and their ecological and energy benefits. Dr. Binyamin, Principal Officer Student Affairs, and Dr. Muqarrab Ali also addressed the audience on sustainability and climate responsibility. An engaging quiz competition tested students' knowledge of environmental facts, conservation strategies, and climate science topics. Certificates of excellence were awarded to outstanding performers, recognizing their academic engagement and environmental awareness. The event was organized by Muawiz Younas and Zain-ul-Abideen of the Plant for Life Society, and Captain Ameer Ahmed of the Green Youth Movement. Organizers affirmed their commitment to continuing such awareness programs to sustain a culture of environmental stewardship on campus.



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21

April 27, 2026

Training of Trainers Session on Water Conservation Held under PHEC Cluster

MNSUAM organized a Training of Trainers session on water conservation under the Punjab Higher Education Commission R&D Cluster on April 27, 2026. The session aimed to equip faculty and students to educate school and college students in Multan on the value of water conservation. Trainer Dr. Saifullah presented scientific data showing rapid global freshwater decline due to climate change, over-extraction, and population growth. He warned that without behavioral shifts, severe water scarcity could become a defining challenge for Pakistan in the coming decades. He introduced the concept of water budgeting, treating water as a finite, quantifiable resource rather than a free commodity. Dean Prof. Dr. Irfan Baig described water conservation as a sacred and collective civic responsibility. The session addressed Multan and South Punjab specifically, where agricultural water use is intensive and groundwater depletion is a growing concern. Participants collaboratively designed creative, age-appropriate awareness activities for implementation in local schools and colleges. The training was attended by Dr. Muqarrab Ali, Dr. Nazar Fareed, Dr. Usman Jamshed, Dr. Hafiz Amjad Ali Rana, faculty members, and a large number of students. This program exemplifies MNSUAM's expanding role as a hub for community education and civic awareness beyond the campus boundary.

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22

April 28, 2026

Medical Seminar on Joint Diseases Raises Health Awareness at MNSUAM

MNSUAM organized a one-day medical seminar on joint diseases on April 28, 2026, to raise health awareness among students and faculty. Guest speaker Prof. Dr. Khalil Ahmad Gill opened with an overview of joint health, noting that nearly 50 types of joint disorders exist. He explained that the four most prevalent joint disease categories typically begin manifesting between the ages of 30 and 40. Prof. Dr. Gill provided detailed clinical insight into rheumatoid arthritis and osteoarthritis, covering their causes and progression patterns. He outlined both pharmacological and non-pharmacological treatment options, including physiotherapy, dietary changes, and weight management. Participants were encouraged to adopt preventive habits from an early age, including regular exercise and a calcium-rich, balanced diet. The seminar generated strong audience engagement, with students and staff asking practical questions about symptoms and risk factors. Prof. Dr. Umar Farooq delivered warm closing remarks, thanking the guest speaker and commending all participants for their engagement. The event was attended by Dr. Akhtar Hameed, Dr. Umar Akram, Dr. Kashif Razaq, Dr. Muhammad Arif, and a large number of students. The seminar reflects MNSUAM's holistic approach to student welfare and its commitment to integrating health education into campus life.

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23

April 29, 2026

Awareness Seminar on Vaccines Held for World Immunization Week 2026

MNSUAM hosted an awareness seminar titled 'Vaccines for Every Generation' on April 29, 2026, marking World Immunization Week 2026. The event was organized in collaboration with REEDS Pakistan, EPI Punjab, Agaahi, and Gavi to strengthen community immunization awareness. The seminar focused on improving vaccination coverage for zero-dose and missed-dose children and addressing persistent public misconceptions. Executive Director REEDS Shahid Saleem stressed society's collective responsibility for complete child immunization across all age groups. He highlighted the ongoing HPV vaccination campaign for girls aged 9 to 14 and REEDS' two-decade track record in health outreach. Dr. Muzaffar Saeed presented EPI's national strategies for increasing vaccination coverage and overcoming barriers such as misinformation. Speakers clarified that mild side effects like fever are normal immune responses and far less harmful than the diseases vaccines prevent. Ms. Umm-e-Farwa explained how social norms and community communication strategies play a decisive role in shaping vaccination behavior. Dean Dr. Umar Farooq used relatable examples to explain how vaccines work and why they are among the most effective public health tools. The seminar concluded with a collective commitment from all participants to actively promote immunization awareness in their communities.

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